

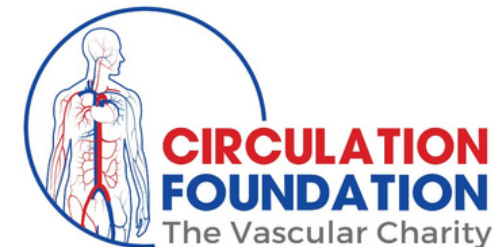
0207 205 7151

[info@circulationfoundation.org.uk](mailto:info@circulationfoundation.org.uk)

[www.circulationfoundation.org.uk](http://www.circulationfoundation.org.uk)

Circulation Foundation  
c/o EBS Ltd  
City Wharf  
Davidson Road  
Lichfield  
Staffordshire  
WS14 9DZ

Charity Number: 1102769



The only UK vascular charity dedicated to vascular health

Vascular Disease is as common as cancer and heart disease and accounts for 40% of deaths in the UK. We promote our Awareness programmes nationally focussing on providing better information and support for patients and their families. We also aim to create a better understanding of the importance of healthy arteries and veins, and how this can be easily achieved leading to longer, healthier lives.

**Our vision** a society free of vascular disease, and its associated suffering

**Our mission** to promote awareness into vascular conditions and to support vital research

The Circulation Foundation has created a structured research programme aimed at preventing vascular disease, advancing and discovering new treatments and improving patient care.

We are fortunate that today there is an explosion of scientific knowledge and state-of-the-art technologies available. However for our patients to benefit from these innovations we need to raise money!

We do not fully understand vascular disease, but once it occurs we are unable to reverse it or stop the process occurring.

Risk factors that speed up the process and make some people more likely to develop vascular disease are:

- Smoking
- Diabetes
- High Blood Pressure
- High Cholesterol
- Diet and weight

**40%**

**OF DEATHS IN THE UK ARE CAUSED BY VASCULAR DISEASE**

The majority of these diseases are **preventable**

## How you can help

### DONATIONS AND FUNDRAISING

We can't do this without your help! We're serious about saving lives, which means funding pioneering research; raising awareness of vascular disease; campaigning and supporting patients and their friends and family with information provision. We rely solely upon voluntary income to help fund these activities.

Donating some of your time to raise some money for the Circulation Foundation can be really rewarding and good fun. If you'd like to help improve the lives of people affected by these debilitating diseases, please take a look at some of our ideas on our website or contact us with your own. It doesn't matter how much you raise, small amounts soon add up and really make a difference to people with vascular disease and their loved ones.

### #THEBODYWALK

**AIMING TO COLLECTIVELY ACHIEVE THE 60,000 MILES OF THE CIRCULATION SYSTEM**



Each September for Vascular awareness month, the Circulation Foundation organise a national campaign to raise awareness of vascular disease and for raising imperative funding.

With no minimum miles and no minimum sponsorship, we urge all abilities to get involved. If you can walk, run, swim or cycle, we need you! EVERY MILE COUNTS!

### CHALLENGE YOURSELF



### BECOME AN AMBASSADOR

If you would like the chance to raise awareness and support the Circulation Foundation, get in touch. We welcome all those with a passion to support sufferers of vascular disease, whether you are a patient, a carer or a healthcare professional.

